



Lois Beth Silberberg

February 9, 1944 - March 31, 2026

Lois Beth (Barder) Silberberg passed away peacefully at her home in Falls Church on March 31, 2026.

Lois was born in Baltimore in 1944, the oldest child of Sorita and Julius Barder. The family moved to Washington when she was very young; she attended the Hebrew Academy in Washington before graduating from Calvin Coolidge High School. She then attended George Washington University, where she was an active leader in her sorority and other campus groups. She graduated with a degree in political science, and then began work with the U.S. Maritime Commission. Soon afterwards, she met Howard Silberberg, an attorney and former Army captain, with whom she would spend the next nearly 60 years together. They moved into their new house in Falls Church in 1969, which they have made their home ever since. Originally members of Arlington-Fairfax Congregation, Lois and Howard joined Agudas Achim Congregation in Alexandria in 1978.

Lois was an active participant in her children's schools and various Jewish nonprofits. She served on the Board of the Jewish Social Service Agency (JSSA) and several times hosted or coordinated visits by disabled Israeli soldiers. In the 1980's, fueled by her love of travel, she became a travel agent, working diligently to arrange unique experiences for individuals, families, and groups. Above all, Lois was dedicated to providing love and happiness to her

family and friends.

Lois is survived by Howard, children Jason (Karen) Silberberg and Rachel (Jordan) Sulkin, and grandchildren Julia Silberberg, Ella Sulkin and Evan Silberberg, as well as siblings Ilene Barder and Fred Barder.

The funeral will be held at Agudas Achim on Sunday, April 5, at 11:00 AM; the internment will follow immediately afterward at Agudas Achim Cemetery. Due to the Pesach holiday, shiva will occur Sunday, April 12 to Tuesday, April 14. Details for shiva will be announced shortly.

In lieu of flowers, Lois's family requests that donations be made to Goodwin Hospice, JSSA, or Cure PSP.

Previous Events

Funeral Service

APR 5. 11:00 AM (ET)

Agudas Achim Congregation
2908 Valley Drive
Alexandria, VA 22302

Committal Service

APR 5. 12:15 PM (ET)

Agudas Achim Cemetery
701 S. Payne Street
Alexandria, VA

Shiva

APR 12 to 13. 7:30 PM (ET)

Howard Silberberg
6451 Johns Road
Falls Church, VA 22043

Shiva begins each evening at 7:30 but congregants are welcome to come as early as 6 pm prior to the shiva minyan occurring on Sunday, Monday, and Tuesday. Sunday April 12 and Monday April 13 at the home of Howard Silberberg 6451 Johns Road Falls Church 22043. Tuesday April 14 at the home of Jason and Karen Silberberg.